

THE RACE AGAINST GERMS

Understanding Infections – Fighting Pathogens



TINY PATHOGENS, HUGE DANGER



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"At the HZI, outstanding scientists are tackling the major challenges of our time related to infectious diseases: new pandemics, climate change, increasing antibiotic resistance and the search for effective medications as well as the modern possibilities of precision medicine."

Prof. Josef Penninger, Scientific Director of the HZI

TINY PATHOGENS, HUGE DANGER

Research for Society

The coronavirus pandemic has made it abundantly clear: The fight against infections is a race against pathogens. Thanks to improved hygiene and effective medication, we can nowadays prevent or effectively treat many infectious diseases. However, bacteria, viruses and fungi often develop creative evasion strategies that we want to counter with even more creative and innovative approaches.

The Helmholtz Centre for Infection Research (HZI) is Germany's largest state research institution dedicated to the global challenges of infectious diseases. The results of basic research must be quickly and systematically translated into applications for patients. This brochure gives you an overview of our most important research topics.

www.helmholtz-hzi.de/en









A small cut on the finger or

dental surgery could suddenly

become life-threatening –

because more and more bacteria

are becoming resistant to

available antibiotics.







"The global threat posed by multi-resistant pathogens remains high and is already costing over one million lives a year. AMR is referred to as a 'silent' pandemic. At the same time, development of truly new antibiotics has slowed considerably. We therefore urgently need new, effective medicines."

Prof. Mark Brönstrup, Head of the Department "Chemical Biology" at HZI

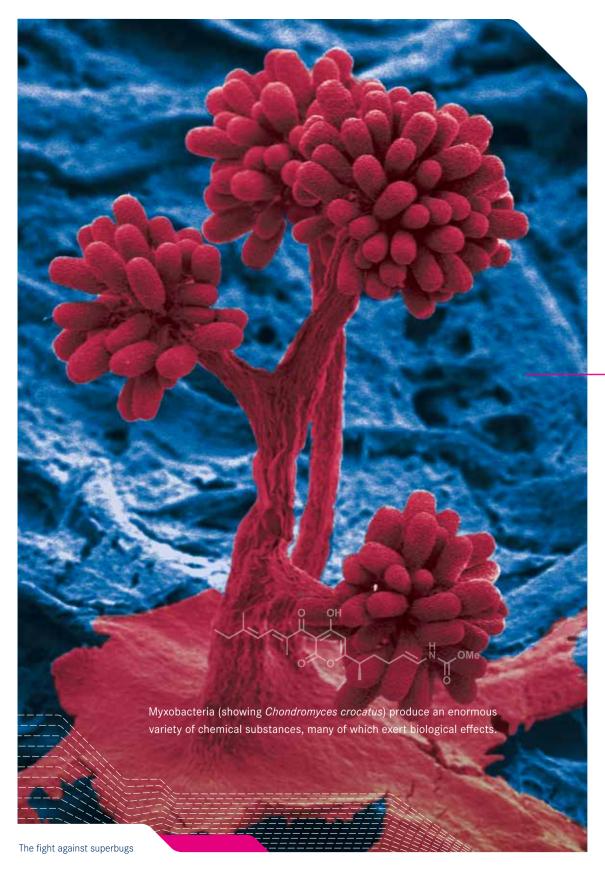
LIFE-SAVING NEW ANTIBIOTICS

Bacteria develop resistance to antibiotics as a natural consequence of their capacity for rapid evolution. Because bacteria can exchange their resistance genes with each other, several "superbugs" have developed against which almost no available antibiotic is effective.

These antibiotic resistances are one of the greatest threats to global health.* They lead to prolonged hospital stays and, thus, to rising treatment costs and increased mortality. There are several reasons for their spread: For example, antibiotics are prescribed too readily to treat the common cold where they are usually ineffective, and are taken too briefly or used indiscriminately in mass livestock farming.

Scientists from the HZI and its site in Saarbrücken, the Helmholtz Institute for Pharmaceutical Research Saarland (HIPS), together with scientists from the Saarland University are investigating the mechanisms underlying resistance formation, and developing methods both for the early detection of resistant pathogens and for new treatment concepts that specifically address resistance. They are also investigating natural substances as potential sources for new drugs.

*WHO - World Health Organization







"About 80 percent of antibiotics are based on natural products. The challenge for the coming years is to make them usable in medicine. Currently, the development of new antibiotics is unattractive for large pharmaceutical companies. Non-university research institutions such as the HZI are left to fill this gap."



Prof. Rolf Müller, Managing Director of the HIPS in Saarbrücken

HEALING TREASURES FROM NATURE

Almost all antibiotics originate from natural products. They are often derived from bacteria and fungi which have to compete for habitat and nutrients against other microorganisms. These active compounds work so precisely and effectively because evolution has developed them over millions of years.

Organisms on land and in water still possess a vast reservoir of potentially active substances yet to be discovered. HZI scientists are striving to exploit these treasures. They are searching for substances which

have the potential to combat pathogens, notably in soil and in marine bacteria, tropical fungi and soil samples from all over the world. In order to cure infections and aid patients in hospitals in the future, however, these substances must first be optimized for clinical use: They should, for example, be able to reach their target destinations in the body by means of suitable "active substance taxis" and unfold their effect only there. Scientists at the HZI and HIPS in Saarbrücken are working on this challenge.



When herpes, hepatitis & co. become chronic







The hepatitis C virus is transmitted mainly via blood contact. It is carried by approximately 70 million people worldwide in the liver as a stowaway sometimes with grave, often fatal long-term damage such as cirrhosis of the liver and hepatic cancer.



"The treatment of chronic hepatitis C infections with antiviral agents works very well. However, the treatment does not protect against repeated infections. In addition, many people do not know that they are infected and continue to transmit the virus. For these reasons, we are looking for a universal vaccine to prevent the transmission of the virus in the future."

Prof. Thomas Pietschmann, Head of the HZI Department and the TWINCORE Institute "Experimental Virology"

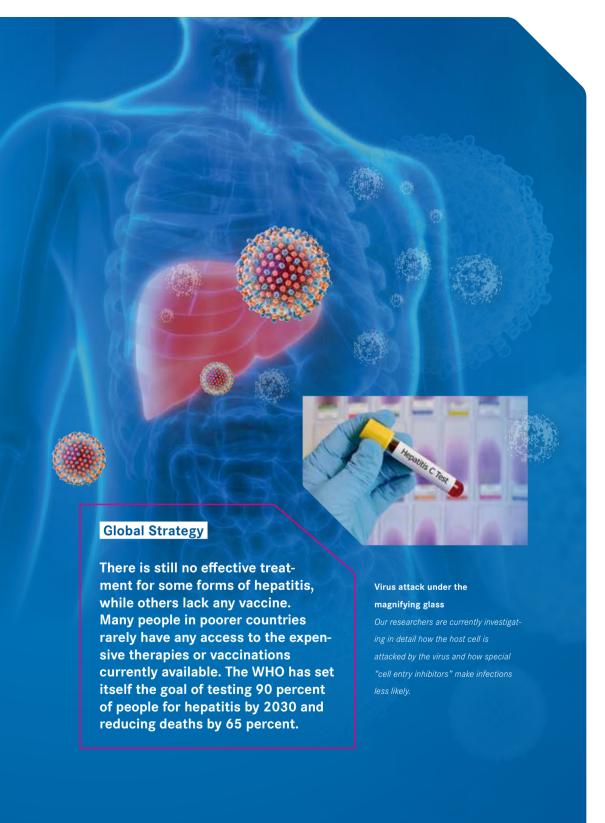
HEPATITIS VIRUSES: HIDDEN KILLERS

Five hepatitis viruses – A, B, C, D and E – are known to cause infections. In 2020 alone, around 1.3 million deaths were caused by this liver-destroying disease. The insidious circumstance about hepatitis C is that those affected often don't notice it for years, because the symptoms only become apparent after the liver has already been severely damaged.

A vaccine against hepatitis C infection, which affects 1.7 million people every year, is urgently needed.*

This cleverly adapted virus exclusively infects humans and chimpanzees. Therefore, it has been difficult to develop new vaccination strategies since the infection can only be investigated in cell cultures and therefore without an intact immune system present. Scientists from the HZI and TWINCORE, which was established jointly with the Hannover Medical School (MHH), laid the foundations for new humanized mouse models for the infection. This will make it possible to develop urgently needed vaccines against the pathogen. In the long term, an effective vaccine could eradicate hepatitis C worldwide.

* WHO, RKI - Robert Koch Institute



"Every f

"Every fall, a new flu vaccine is needed. Viruses are constantly changing their components to which our immune protection responds. At HZI, we are trying to create artificial antigens from stable parts of the flu virus. Our vision is to develop a universal influenza vaccine 2.0 based on the designer antigens."

Prof. Carlos A. Guzmán, Head of the HZI Department "Vaccinology and Applied Microbiology"

VACCINES OF THE FUTURE

Tailor-made, efficient and universal

Doctors have been using the basic principle of vaccination for centuries: They specifically expose the body to weakened or dead pathogens. Our awakened immune system then prevents a severe course of the disease in the event of any subsequent infection. The art of vaccine researchers is to find substances which prevent us from contracting diseases such as influenza, viral hepatitis or HIV/AIDS. But what should a vaccine have to do to protect us effectively? To this end and in order to develop new, better vaccination strategies, HZI scientists are investigating how the immune system reacts to new vaccine prototypes. Hitherto, there are no therapies or vaccinations available against many infectious diseases. People with a weakened immune system are particularly at risk. Researchers are currently learning from patients who defeat a disease naturally, i.e. whose immune system spontaneously produces a suitable reaction.









Safe and painless: Vaccinate with nasal spray Researchers at the HZI and its HIPS site are looking for alternatives to vaccination by syringe, such as creams or sprays. Without the painful prick with the needle, vaccinations would be much better accepted.

Optimal vaccine booster

Following a standard vaccination against influenza, only a small proportion of people over 60 years of age develop sufficient protection. If the vaccine is administered with an oil-water emulsion or other adjuvants, its effectiveness is significantly improved.

Accordingly, researchers at the HZI are striving to develop the optimal vaccine booster.







In patients with chronic inflammatory
bowel diseases, such as Crohn's
disease or ulcerative colitis, the
diversity of intestinal microbes is
reduced. As a result, the immune
system reacts excessively to germs.
Inflammatory intestinal diseases, for
which therapies are still lacking, are
thus aggravated.







HZI researchers cultivate and decipher the intestinal bacteria of mice, for example.

"In order to better understand how we humans interact with our microbial colonizers, we need model systems that allow for experimental changes – both in the host and in the microbes."

Prof. Till Strowig, Head of the HZI Department "Microbial Immune Regulation"

COLON MICROBES -LITTLE HELPERS AGAINST INFECTIONS

The microbial community – often referred to as the microbiome or microbiota – that lives in or on a host, such as humans or animals, is a very diverse community. It inhabits many parts of the body, for example the skin and the intestine. The composition of the human microbiome is very variable and influenced by the organism and nutrition, but also by drugs and diseases. Current research findings indicate that many diseases

are associated with changes in the balance of the microbiota. If, for example, the bacterial flora in the intestine is decimated, this disturbs the protective effect of benign intestinal bacteria against invading pathogens. HZI scientists are investigating how these microbial communities impact infectious diseases and are investigating new ways to exploit their findings therapeutically.

Diseases associated with an imbalance in the microbiota are connected to:

asthma/allergies, excessive immune responses

autism, depression, anxiety disorders

biliary disorders and liver function

cardiovascular diseases, hypertension

changes in the metabolism of medicines obesity

bowel cancer, inflammatory bowel diseases

Probiotic Bacteria against Salmonella

HZI scientists have discovered that the pathogen Salmonella enterica, which causes approximately 155,000 deaths worldwide can be slowed by other intestinal microorganisms – so-called probiotic bacteria – thus mitigating the infection. The studies provide valuable information on how people could better protect themselves against dangerous pathogens in future.



"Single cell analysis is interesting for many applications in biomedicine. For example, infected and healthy cells can be analyzed separately and with unprecedented accuracy. This will enable us in future to perform highly precise interventions regarding the interaction of pathogen and host."

Prof. Jörg Vogel, Director of the HZI site Helmholtz Institute for RNA-based Infection Research (HIRI)

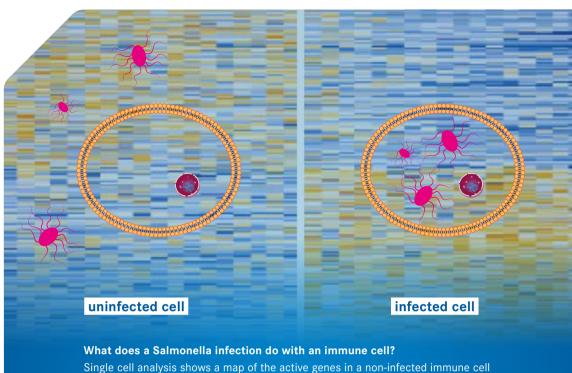
EACH INFECTED CELL BEHAVES DIFFERENTLY

The microscope of the future - single cell analysis

So-called single cell analysis brings light into the darkness and was accounted the most important advance of the year 2018 by the journal *Science*. For the first time, it is now possible to make gene expression visible, the intracellular path from genes to gene products such as proteins.

Researchers at the Helmholtz Institute for RNA-based Infection Research (HIRI) and the University of Würzburg have further developed the method in order to investigate the interaction between pathogens and humans in unprecedented detail. They are focusing in particular on RNA molecules. This provides unprecedented insights into the complex regulatory processes involved in an infection.

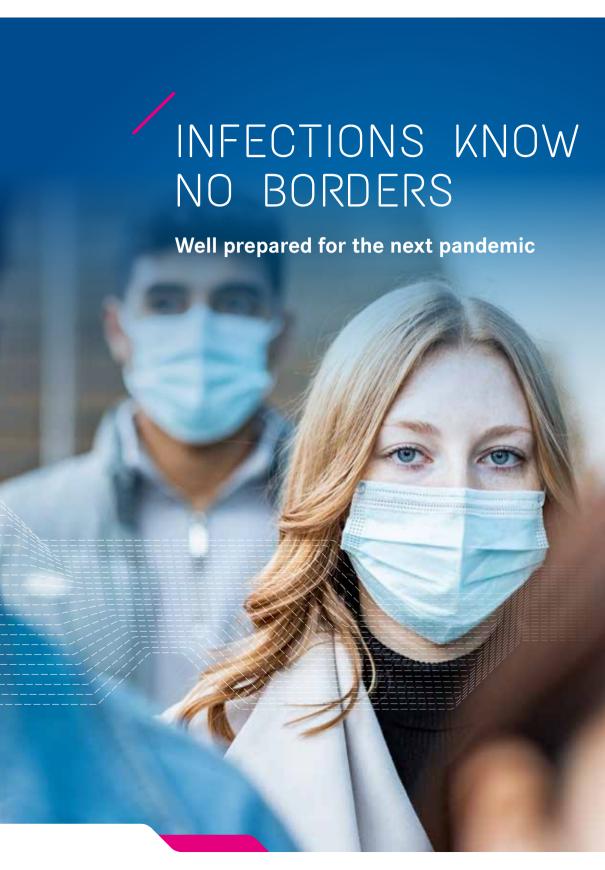
Many pathogens can remain hidden in their hosts throughout their lives and cause infections again and again. Salmonella, which are food-borne pathogens, have a particularly clever strategy: They infect the immune cells that are supposed to fight them. In these ecological niches, they are protected from the host's defense and can hide from antibiotics. Single cell analysis enables researchers to better understand the different sites of infection. The aim is to identify disease characteristics in individual cells as early as possible in order to counteract them promptly with treatments tailored to individual patients.



Single cell analysis shows a map of the active genes in a non-infected immune cell (left) in contrast to an infected immune cell (right). Different genes are active in both cells, as shown by the color change of the lines from orange to blue (not infected) and from blue to orange (infected). Each line represents a single gene.

How do bacteria
manage to protect
themselves from immune
cells? How pathogens affect
our immune system and spread
despite its control remains poorly
understood. HZI researchers are
unveiling the secrets of individual
cells – and entire tissues – using
a groundbreaking new method.







We are becoming increasingly mobile and so are the pathogens that travel with us. In addition, we are living in ever closer quarters - not only with our fellow human beings, but also with wild and farm animals. The growing risk of infection requires innovative solutions for prevention and surveillance. Modern information technologies and artificial intelligence are opening up new ways of analyzing data in infection research.





"The One Health concept is the key to pandemic preparedness and prevention."

Prof. Fabian Leendertz, Founding Director of the HZI site Helmholtz Institute for One Health (HIOH)

LOOKING AT THE BIG PICTURE

Climate change, globalization, loss of biodiversity - a whole range of risk factors are now promoting the emergence and spread of infectious diseases and threatening global health. In response, the One Health approach recognizes the interconnectedness of human, animal and environmental health and considers them as one big picture. For example, in order to decipher the conditions under which antimicrobial resistance develops or infectious diseases are transmitted, researchers at the Helmholtz Institute for One Health (HIOH) are conducting studies not only on their doorstep in Mecklenburg-Western Pomerania, but also in high-risk areas. These include biodiversity hotspots in the African tropics, where

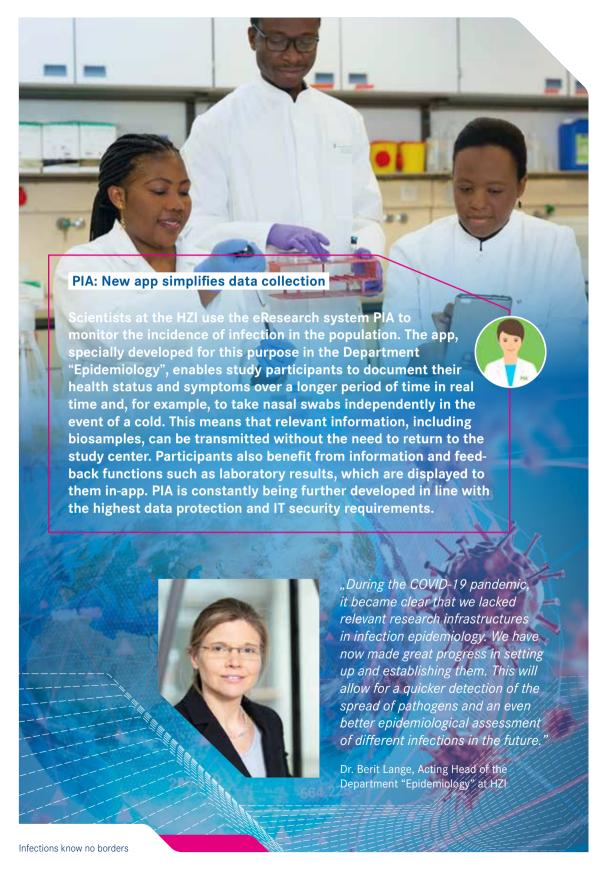
human-animal contact is frequent and the health infrastructure is inadequate. There is an increased risk of novel zoonotic diseases - infections that are transmitted from animals to humans. The HIOH is developing a long-term strategy to systematically record the health of humans, animals and ecosystems as well as climatic changes in order to detect the occurrence and spread of infectious diseases at an early stage and, ideally, prevent them.

→ www.helmholtz-hioh.de/en



Cultural landscape and diversity hotspot in perspective

Focal regions of One Health Surveillance are located in sub-Saharan Africa and Mecklenburg-Western Pomerania along population density gradients.



PANDEMIC PREPAREDNESS WITH REAL-TIME DATA

The COVID-19 pandemic has shown that we are not yet optimally prepared for a pandemic. According to official figures, there have been almost 7 million deaths worldwide due to the SARS-CoV-2 coronavirus the number of unreported cases is estimated to be significantly higher. These are alarming figures that need to be prevented for future pandemic outbreaks. To this end, the HZI is coordinating population-based cohorts that can quickly determine continuous estimates of infection frequency and burden during epidemics and identify risk groups. These studies are supplemented by modelling initiatives for early warning

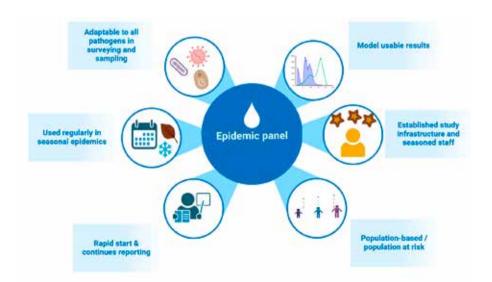
systems, medical and public health applications. Modern digital tools in particular, which are also being developed and evaluated at the HZI, help to identify and contain the spread of infections and the burden of disease. Examples include the SORMAS software and the PIA app. In close collaboration with drug and vaccine research and bioinformatics, the epidemiologists at the HZI are helping to better prepare our society and our healthcare system for the next pandemic or epidemic.

Establishment of an epidemic panel as a research infrastructure for pandemic preparedness

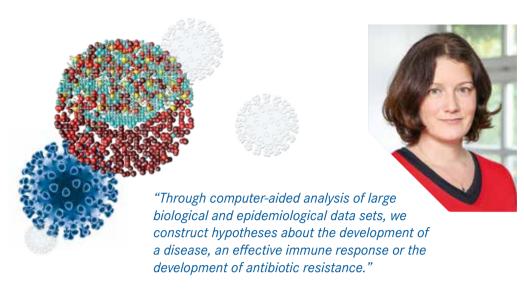
In order to support targeted measures in a pandemic, the Department "Epidemiology" has set up an epidemic panel.

Real-time data from population studies can be collected quickly and linked to other population studies in a network.

This can be used to create models for various infectious diseases, which are of great importance for advising decisionmakers in the event of a pandemic in order to develop protective measures for the population as quickly as possible.







Prof. Alice McHardy, Head of the Department "Computational Biology for Infection Research" at the HZI and the HZI site Braunschweig Integrated Centre of Systems Biology (BRICS)

EARLY WARNING OF PATHOGENS

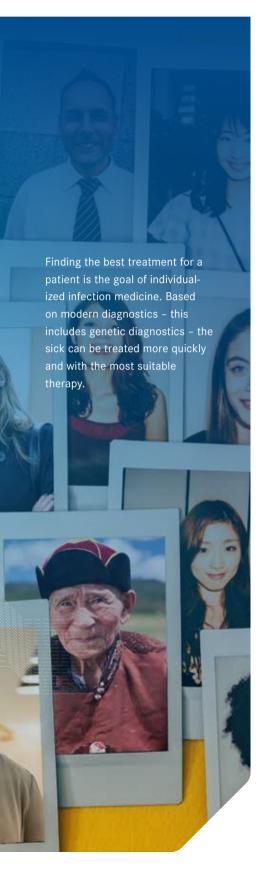
From prediction to therapy

Is it possible to predict the next flu epidemic? Computer-assisted analyses no longer remain a mere vision for more reliable statements about the influenza pathogen of the coming season: Researchers at HZI can already stratify the potential risk of certain influenza viruses at an early stage by observing and evaluating genetic changes in the pathogens. Thanks to state-of-the-art mainframe computers and big data from laboratory

experiments and clinical cohort studies,

mathematical models and computer analyses are becoming increasingly important in infection research. At the Braunschweig Integrated Centre of Systems Biology (BRICS), scientists from HZI and the Technische Universität Braunschweig are exploring the approach of machine learning for the characterization of infection processes. For example, they use their computers to analyze processes of our body's immune defense. In close cooperation with partners, hypotheses are tested in the laboratory and will in future support medical diagnostics and treatment of infections.







People react differently to therapies.

For example, gastrointestinal
diseases or lung infections
can be much more severe in
immunocompromised people.
If researchers could identify
high-risk patients in time, more
effective therapies would be
possible at an earlier stage.



Flu vaccination is less effective in the elderly

The immune system of older people reacts slower to vaccination and is less versatile than that of younger people. As a result, seniors are less well protected against new variants of the constantly changing flu virus. This relationship is being researched at the HZI and CiiM to design more effective vaccination strategies.

INDIVIDUALIZED THERAPIES AGAINST BACTERIA AND VIRUSES

Each person is unique with distinguishing characteristics which can also influence the course of infections. In recent years, it has become increasingly clear that the success of a treatment depends to a large extent on the molecular profile of a patient, i.e. on the molecular or cellular makeup of the patient. Individualized infection medicine, also known as personalized or precision medicine, seeks to apply this knowledge for the benefit of patients and derive the most effective treatment and with as few side effects as possible by making use of specific biomarkers.

Treating infections individually

Optimally, by analyzing large amounts of data from patient groups, researchers will know even before treatment which therapy will prove unsuccessful or whether an antibiotic or vaccine is effective. At the Centre for Individualised Infection Medicine

(CiiM) in Hannover, HZI scientists and MHH physicians advance strategies for personalized medicine.

Artificial intelligence simulates hepatitis B therapy

Bioinformaticians from the BRICS and clinicians at the CiiM combine their expertise. Recently, using special software based on machine learning, they were able to identify a set of signaling substances that can be used to predict with 90 percent certainty the consequence of terminating hepatitis B therapy.



Good efficacy up to no efficacy

The susceptibility of the patient to infections and the severity of the disease course are determined by individual patient characteristics and the types of colonizing microorganisms (micro-

Individualized medicine

biomes).

putational Biology for Individualised Medicine", and Prof. Markus Cornberg, Clinical Director of the HZI, are the dual leaders of the Centre for Individualised Infection Medicine (CiiM).

Pathogens can, for example, develop resistances that must be taken into account when choosing a therapy.

Efficacy of drugs in each patient
Differing efficacies of drugs and
therapies depend on individual
patient parameters and the pathogen
causing the disease.



BRAUNSCHWEIG

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ONE CENTER - SIX SITES



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NUMBERS & FACTS

Helmholtz Centre for Infection Research (HZI), 2023



>1000

Employees Visiting scientists

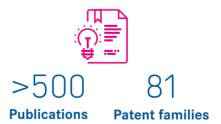
Nationalities



95 MIO

37 MIO

EUR core budget EUR third party funding







THE HELMHOLTZ CENTRE FOR INFECTION RESEARCH

The more than 1000 employees at the Helmholtz Centre for Infection Research (HZI) use their expertise to bring closer a healthier society. Scientists at the HZI in Braunschweig and its other sites in Germany are investigating bacterial and viral infections as well as the body's defense mechanisms. Their profound knowledge of natural substance research comprises an invaluable resource for driving forward development of novel anti-infectives. As a member of both the Helmholtz Association, Germany's largest non-university research

organisation, and the German Center for Infection Research (DZIF), the HZI conducts translational research to lay the foundation for new therapies and vaccines against infectious diseases. Together with clinical and industrial partners, the results of basic research are promptly and systematically transferred to application at the patient's bedside.

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